

HAPPY BIRTHDAY
 March "Babies"
 Flower-Daffodil
 Birthstones-Aquamarin
 Zodiac Signs-
 Pisces/Aires

**"SLOW
 DOWN"**
 SPEED LIMIT
 ENTERING SENIOR
 CENTER IS **10 mph**

**Having trouble getting
 to HBK Senior Center?
 Unable to drive?
 Transportation is
 available for
 VILLAGE OF COLONIE
 residents over age 55.
 Call (518) 869-7172**

**St. Patrick's Day
 Party**



**Tuesday, March 12th
 at Noon
 Corned Beef & Cabbage
 Dinner with special
 Leprechaun dessert
 \$8.00 Members -
 \$13.00 Guest
 Sign up by March 7th -
 Walk-ins will not be accepted!**

NOTICE

1. EXCEPT FOR MONDAY, YOU MUST ORDER LUNCH THE DAY BEFORE (MONDAY ORDER BY 11AM) - CALL 518-869-7172.
2. ALL MEALS WILL BE AVAILABLE FOR CONSUMPTION AT THE CENTER.
3. LUNCH WILL BE SERVED PROMPTLY AT NOON.
4. WE CANNOT PROVIDE TAKE HOME CONTAINERS.
5. WE CANNOT GIVE OUT PLASTIC BAGS.

WITH THIS IN MIND, BE WARE OF THE PORTIONS SERVED AND IF YOU THINK YOU MAY NOT BE ABLE TO FINISH YOUR MEAL HERE, YOU CAN TAKE IT HOME IN YOUR OWN CONTAINER.

THANK YOU FOR YOUR COOPERATION.

**If you missed it,
 January 25th was more than
 just an HBK Senior Center
 Prize Winning Bingo Day**



**Village of Colonie HBK Senior Center
 VALENTINES PARTY - FEBRUARY 14TH**



Sometimes,
 Not saying anything
 is the best answer.
 You see,
 silence can never be
 MISQUOTED!



PLEASE ORDER LUNCH THE DAY BEFORE (Mondays order by 10:30am) - CALL 518-869-7172 - NO TAKEOUT ORDERS! - Meals will be served only at the Center. Weekly lunch menu is posted near kitchen, across from receptionist desk, Colonievillage.org/Senior-Citizens & TRSeniors.org websites.